

# Ring & Ride

# Timetable

Georgeham, Croyde, Saunton, Braunton, Wrafton, Heanton,  
Chivenor, Ashford

Every Monday to Tesco, Asda (monthly), Barnstaple town centre

Westleigh, Instow, Bickington, Fremington, Yelland

Every Tuesday to Sainsbury's

Every Friday to Barnstaple town centre

Filleigh and South Molton

Every Wednesday to Tesco or Barnstaple town centre  
(time permitting)

Landkey and Swimbridge

Every Wednesday to Tesco or Barnstaple town centre  
(time permitting)

Fortnightly Thursday to Sainsbury's or Barnstaple town centre

Every Friday to Barnstaple town centre.

North Molton

Fortnightly Wednesday to Tesco or Barnstaple town centre (time  
permitting)

Bishops Nympton

Fortnightly Wednesday to Tesco or Barnstaple town centre

Bratton Fleming, East Down, Churchill, Stoke Rivers, Goodleigh,  
Loxhore, Shirwell, Arlington, Kentisbury

Fortnightly Thursday to Tesco or Barnstaple town centre

**To book call: 01271 328866**

# Ring & Ride

# Timetable

Chittlehampton, Chittlehamholt, Umberleigh,  
Bishops Tawton, Atherington, Satterleigh, Warkleigh  
Fortnightly Thursday to Sainsbury's, Asda or Barnstaple town  
centre

Roundswell and Sticklepath areas  
Every Thursday to Sainsbury's or Asda (fortnightly)  
Every Friday to Barnstaple town centre

Newport and Whiddon Valley areas  
Every Wednesday to Tesco or Barnstaple town centre  
Thursday to Sainsbury's, Asda (fortnightly) or Barnstaple town  
centre  
Every Friday to Barnstaple town centre

Pilton and Bellaire areas  
Every Monday to Tesco, Asda (monthly) and Barnstaple town  
centre,  
Every Wednesday to Tesco

Barnstaple  
Every Tuesday to Sainsbury's  
Every Wednesday to Tesco or Barnstaple town centre  
Thursday to Sainsbury's or Asda (fortnightly)

**To book call: 01271 328866**